

## Lunch Menu

*Starting Monday 2 September 2024*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fresh Soup</b>	Sweet Potato and Kale Soup	Minted Pea Soup	Leek and Carrots Soup	French Bean Soup	Cauliflower and Cabbage Soup
<b>Main Course</b>	Chicken and Leek Pie	Potato and Spinach Gratin	Roast Beef with Gravy	Turkish Spiced Lamb Mince	Battered Cod Fillet
<b>Vegetarian Option</b>	Mushroom Stroganoff	Stir Fry Vegetables	Pasta Tossed in Olive Oil, Garlic and Coriander	Spicy Vegetable Tagine	Freshly Made Pizza Margarita
<b>To go with</b> <i>Fresh Salad Bar available daily</i>	Baked Potato Minted Peas Baked Beans	Egg Noodles Sautéed Leeks Roasted Carrots	Roast Potatoes Sweetcorn Green Beans	Couscous Cauliflower Florets Savoy Cabbage	Chips Garden Peas Baked Beans
<b>Dessert</b> <i>Fresh Fruit &amp; Yoghurt available daily</i>	Chocolate Cake	Freshly Made Flap Jack Biscuit	Apple and Cinnamon Crumble with Custard	Tiramisu Gateau	Strawberry Ice Cream

## Lunch Menu

*Starting Monday 9 September 2024*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fresh Soup</b>	Swede, Ginger and Turmeric Soup	Broccoli and Parsnip Soup	Carrot and Courgette Soup	Cabbage and Green Beans Soup	Leek and Potato Soup
<b>Main Course</b>	Chicken, Potato and Chickpea Madras	Vegetarian Lasagne	Roast Lamb with Gravy	Sweet and Sour Beef	Battered Haddock Fillet
<b>Vegetarian Option</b>	Couscous filled Sweet Peppers	Butternut Squash Barley Risotto	Mushroom and Tarragon Penne Pasta	Mild Vegetarian Chilli	Macaroni Cheese Bake
<b>To go with Fresh Salad Bar available daily</b>	Basmati Rice Roasted Parsnips Broccoli Florets	Potato Wedges Roasted Carrots with Coriander Roasted Courgettes with Garlic	Roast Potatoes Green Beans Savoy Cabbage	Basmati Rice Red Cabbage Sautéed Leeks	Chips Garden Peas Baked Beans
<b>Dessert Fresh Fruit &amp; Yoghurt available daily</b>	Steamed Sponge Pudding	Date Loaf Cake	Pineapple and Cinnamon Crumble with Custard	Baked Marble Cake	Chocolate Ice Cream



## Lunch Menu

*Starting Monday 16 September 2024*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fresh Soup</b>	Curried Sweet Potato Soup	Courgette and Pea Soup	Roasted Carrots and Green Beans Soup	Butternut Squash Soup	Mixed Vegetable Soup
<b>Main Course</b>	Harissa Chicken with Chickpea	Broccoli and Cauliflower Cheese	Roast Turkey with Gravy	Jerk Chicken	Battered Cod Fillet
<b>Vegetarian Option</b>	Spanish Tortilla	Bulgur and Aubergine Pilaf	Roasted Ratatouille Penne Pasta	Sweet and Sour Vegetables	Freshly made Margarita Pizza
<b>To go with Fresh Salad Bar available daily</b>	Couscous Roasted Carrots Green Beans	Baked Potato Baked Beans Savoy Cabbage	Roast Potatoes Roasted Courgettes Sweet Corn	Basmati Rice Broccoli Florets Roasted Parsnips	Chips Garden Peas Baked Beans
<b>Dessert Fresh Fruit &amp; Yoghurt available daily</b>	Vanilla Steamed Cake	Chocolate Rice Krispy Cake	Plum Crumble with Custard	Raspberry Jelly	Vanilla Ice Cream

## Lunch Menu

*Starting Monday 23 September 2024*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Fresh Soup</b>	Tomato and Basil Soup	Cabbage Soup	Quinoa and Cannellini Beans Soup	Carrot and Courgette Soup	Broccoli and Parsnip Soup
<b>Main Course</b>	Lime and Coriander Chicken Korma	Grilled Artichoke and Red Onion Paella	Roast Chicken with Gravy	Beef Lasagne	Battered Pangasius Fillet
<b>Vegetarian Option</b>	Baked Potato with filling of your choice	Lentil Bolognese	Farfalle Pasta with Spinach and Mushrooms	Vegetable Spring Roll	Macaroni Cheese Bake
<b>To go with Fresh Salad Bar available daily</b>	Brown Rice Green Cabbage Baked Beans	Spaghetti Roasted Carrots Sautéed Courgettes with Garlic	Roast Potatoes Sweetcorn Green Beans	Curly Fries Broccoli Florets Roasted Parsnips	Chips Garden Peas Baked Beans
<b>Dessert Fresh Fruit &amp; Yoghurt available daily</b>	Chocolate Cake	Tiramisu Gateau	Peach and Raspberry Crumble with Custard	Carrot Cake	Raspberry Ripple Ice Cream